

**SAN DIEGO UNIFIED SCHOOL DISTRICT**  
**Physical Education/Health/Athletics Department**

**CONDITIONS OF EMPLOYMENT**  
**Athletic Team Coach**

**(Certificated, Noncertificated, Walk-on Coaches and Volunteers)**

Pursuant to California Code of Regulations, Title 5, §5593, all coaches of athletic teams must demonstrate qualifications and competencies in the areas set forth below. Each applicant must complete and sign this form and provide all required documentation prior to employment. (*Note: Noncertificated coaches shall have no authority to issue grades to students.*)

**QUALIFICATIONS AND COMPETENCIES**

**1. Care and prevention of athletic injuries, basic sports injury first aid, and emergency procedures as evidenced by *one or more* of the following: (Check any that are applicable – Note: Online courses are not acceptable)**

- Completion of a college-level course in the care and prevention of athletic injuries and possession of a valid cardiopulmonary resuscitation (CPR) card.
- A valid sports injury certificate or first aid card, and a valid CPR card.
- A valid Emergency Medical Technician (EMT) I or II card.
- A valid trainer's certification issued by the National or California Athletic Trainer Association (NATA/CATA).
- Practical experience under the supervision of an athletic coach or trainer, or experience assisting in team athletic training and conditioning and possession of valid CPR and first aid cards.
- \*Waiver. Enrollment in a training program related to this requirement.  
Explain: \_\_\_\_\_

**2. Coaching theory and techniques in the sport or game being coached, as evidenced by one or more of the following:**

- Completion of a college course in coaching theory and techniques.
- In-service programs arranged by a school district or a county office of education.
- Prior service as a student coach or assistant athletic coach in the sport or game being coached.
- Prior participation in organized competitive athletics at high school level or above in the sport to be coached.
- \*Waiver. Enrollment in a training program related to this requirement.  
Explain: \_\_\_\_\_

**3.  Coaching Education and Concussion Certification, as mandated by State CIF.**

**4.  National Federation of High Schools Certification in Spirit, Cheer and Administration (nfhslearn.org).**

\*Any person who qualifies to coach because he/she obtained a waiver must serve under the immediate supervision of a fully qualified athletic team coach until all eligibility requirements are met.

**5. Knowledge of the rules and regulations pertaining to the sport or game being coached, the league rules and regulations of the CIF:**

\_\_\_\_\_ Applicant has received a copy of the CIF regulations, league rules, and rules of the sport to be coached, certifies that he/she has read and understands same, and demonstrates an understanding of such rules and regulations.

\_\_\_\_\_ \*Waiver. Enrollment in a training program related to this requirement.  
Explain: \_\_\_\_\_

**6. Child or adolescent psychology as it relates to sports participation as evidenced by one or more of the following:**

\_\_\_\_\_ Completion of a college-level course in adolescent or sports psychology.

\_\_\_\_\_ Completion of a seminar or workshop on human growth and development of youth.

\_\_\_\_\_ Prior active involvement with youth in a school or community sports program.

\_\_\_\_\_ \*Waiver. Enrollment in a training program related to this requirement.  
Explain: \_\_\_\_\_

**7. Code of Ethical Conduct:**

\_\_\_\_\_ Applicant has received a copy of the Ethics in Sports and "Code of Ethical Conduct" as stated in California Code of Regulations, Title 5, §5596.

**ACKNOWLEDGEMENT**

I, the undersigned applicant, hereby certify that the above information is true and correct. If enrolled in any training programs that qualify for waiver of the above requirements, I shall promptly notify the school principal of completion or termination of participation in the training programs noted above.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

\*Any person who qualifies to coach because he/she obtained a waiver must serve under the immediate supervision of a fully qualified athletic team coach until all eligibility requirements are met.